

Tŷ Cwm
Independent Living
Merthyr Tydfil



Welcome to Tŷ Cwm

Tŷ Cwm is a modern, purpose-built development offering 60 independent living apartments for over 50s. The spacious one and two-bedroom accommodation is built to a high specification, while communal areas and tenant programmes focus on making life fun regardless of age.

There is optional support and care available where required, so each of our tenants can be assisted if their needs change. We pride ourselves on providing a happy, friendly and warm environment that lets tenants be as independent or involved as their needs and wants allow.



About independent living accommodation

Independent living for over 50s can be a viable alternative to sheltered accommodation. It encourages self-sufficiency and can provide a home for life, with the added option of access to support and care services if and when a person's needs change. This housing option is also commonly known as extra care and works well for both individuals and also for couples.

Friendship and fun on the doorstep

We give our tenants many chances to make friends, have interesting conversations and enjoy group activities. Regular activities vary based on our tenants' interests.

We have a weekly programme of activities which includes craft sessions, coffee mornings, armchair exercises, bingo, singing and much more. Tenants can often be found playing a game of pool, browsing titles in the library area or enjoying fresh air in our enclosed garden.



Living well for a happier, healthier life

There is a well-evidenced link between housing, health and well-being in people over 55. Living in good quality, safe, adaptable and warm accommodation within a community of similarly aged people is what we offer at Tŷ Cwm.

100%

of tenants say that our staff are friendly and approachable

Home comforts

Warm and comfy apartments to call their own

All accommodation at Tŷ Cwm is available for rent on an assured tenancy basis. We have 60 self-contained apartments that support independent living, all of which are fully accessible and adaptable to support physical disabilities.

Each apartment includes a modern fitted kitchen, a spacious living room, a bathroom with a walk-in shower and either one or two spacious bedrooms.

We've also installed slip resistant floors in each kitchen and bathroom, low surface temperature radiators that can be controlled by tenants and an emergency call alarm, just in case help is required.





Space to meet, mix and meander

Tŷ Cwm has a number of communal spaces where tenants can take part in hobbies, catch up over cups of tea and spend quality time with their friends and family. There are a range of facilities including IT equipment, a launderette, a hair salon, room to store cycles and scooters and a large communal lounge.

There is also a restaurant which is run by our trained kitchen team who prepare a delicious three course home-made meal at lunchtimes.

The wider community

We welcome local community groups to use our open space for meetings, activities and events. This gives tenants the opportunity to have an active role in their local community.

Our floating support service based at Tŷ Cwm is available to provide tenants with housing-related support if they require it. We can help them with maintaining their tenancy, managing their finances, keeping up their independence and more.

“Tŷ Cwm has a welcoming atmosphere with a diverse and very driven staff team who make a difference to people’s lives every day.

We place tenants at the heart of our service, ensuring they are always treated with dignity and respect. I feel extremely fortunate to work for an employer who provides creative solutions that benefit our tenants.”

Dalton Harris, Manager

100%

of tenants feel safe
and comfortable in
thier home

Peace of mind

Our tenants are in safe hands

The safety and security of our tenants is very important to us as well as creating a warm and homely environment. Therefore, we have taken additional steps to ensure safe and secure living at Tŷ Cwm. We have:

- A secure door entry system
- CCTV security cameras
- A 24 hour onsite domiciliary care team
- A full fire alarm system
- Two large lifts
- Safety restrictors on all windows
- Well-lit parking for visitors
- Specialist assisted rise and fall baths
- Hearing loops in the reception area

Our staff

Tŷ Cwm is staffed by a highly experienced team providing person-centred services for every tenant. Our friendly staff are fully qualified and highly motivated to deliver a professional and dedicated service to our tenants.

Those who require support can feel assured that one of our team are on-hand 24 hours a day if they need any assistance.





Find us in the heart of the valley

Tŷ Cwm is located near the centre of Merthyr Tydfil County Borough and offers spectacular views of the surrounding landscape including the Brecon Beacons National Park. Located just 1.5 miles from the town centre, there are also good transport links to Cardiff and the surrounding areas.

Tenants and their visitors can spend time exploring the vast and scenic landscape and heritage of the county borough. Also nearby is Trago Mills, discount shopping park as well as Cyfarthfa Park and Castle which overlooks the town and the historic site of the Cyfarthfa ironworks.

“I have lived here since Tŷ Cwm opened and have made many friends during this time.

I really enjoy taking part in the activities and parties we have here and being able to pop into town and do my own thing.”

Carol Gillard, Tenant

100%

of tenants say their privacy and dignity is respected at all times



Who we are

Hafod is a socially conscious organisation focused on making lives better by building communities and making connections. Our ambition is to transform housing, health, social care and support in order to improve the well-being of our customers.

We care for some of the most vulnerable people in society, enabling them to maintain their independence and well-being for as long as possible whether this be in their own homes, supported accommodation or in our residential and nursing homes.

To find out more

If you are interested in finding out more about Tŷ Cwm or would like to talk about how to become a tenant, please get in touch.

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hafod.org.uk/independentliving

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