



**Woodcroft
Care Home**
Trowbridge, Cardiff

Making Lives Better

Welcome to Woodcroft

Woodcroft Care Home is a purpose-built modern care home for over 55s on the outskirts of Cardiff, south Wales. We focus on giving a great quality of life to our residents, whatever their abilities and needs.

Our specially trained team are on hand day and night to provide tailored care to our residents, including residential care and specialist care for those living with dementia.

We pride ourselves on providing a happy, friendly and vibrant environment that lets residents be as independent or involved as they choose to be.

Our emphasis is on the 'home' in 'care home'.



Friendship and fun

We give our residents every chance to make friends, have interesting conversations and enjoy group activities.

Every day there is something different to take part in so that there is little chance of being bored. Regular activities include bingo, film nights, games, sing-alongs, armchair skittles, dances, church services, gardening, craft-making, quizzes and more.



Fun and skill games



Gardening



Cards and bingo



Craft-making

“Our mum has been in Woodcroft for nearly three years and has had wonderful care from all the care team. Mum loves to join in the activities, especially the singing! The team and residents at Woodcroft have become her new extra family.”

Resident's relative

100%

of residents are
satisfied with the care
and support they
receive

Home comforts and companions

Warm and comfy rooms to call your own

Our 60 bedrooms are bright, airy, comfortable and generously sized. Each room has a private en-suite complete with a sink, toilet and easy-access shower. Residents are encouraged to bring along some personal possessions so that they can really make their rooms their own.

Safe outdoor spaces to explore and enjoy

On the ground floor, our bedrooms surround a pretty communal garden that gets lots of sunlight and provides regular opportunities for gardening and social activities. The two upper floors have their own outdoor spaces too, so everybody can benefit from spending time outside in the fresh air.





Space to meet, mix and make new friends

Woodcroft has lots of communal space where residents can take part in hobbies, catch up over cups of tea and spend quality time with their friends and family. There is a reminiscence room in which residents can experience nostalgia and memories of the past, which is particularly beneficial for those living with dementia, and multiple naturally bright atrium rooms. Our well-being and relaxation room, complete with sensory lighting and soft music, is a perfect place to relax.

Fresh and nutritious food to suit all tastes

Our trained chefs prepare three home-made meals each day in our on-site professional kitchen, these are usually served in the dining rooms. The menu operates on a four-week programme, with multiple options at every mealtime. We can cater for specialist diets and individual needs as required.

Fancy a tipple?

Our residents love the fact that we have our very own on-site pub, The Welcome Inn. Residents and their visitors can sit back and relax with their favourite drink, enjoy a pub lunch or simply relax in each other's company. The nostalgic drinking spot gives our care home a cosy community hub, just like you'd experience in a popular village pub.

Free coffee and cake

Dot's café, located in our bright and airy foyer, is open daily and is a great spot for our residents and their visitors to enjoy free tea, coffee and a slice of delicious cake!

100%

of residents agree they can spend their time doing the things that they enjoy

Peace of mind

Our residents are in safe hands

We strive to provide high quality residential, dementia and respite care. Our round-the-clock care package is provided by our highly motivated, fully qualified and friendly team.

To meet the care needs of our residents, we take each individual's situation into account and personalise our care to suit them.

On joining us at Woodcroft, we assess each new resident so that we can ensure their current needs are identified and met. Throughout their stay, we monitor them closely so that, if necessary, we can increase the levels of care they receive over time. We genuinely care about and value all of our residents, so we make sure that they are as happy and healthy as possible.



Protected and private

We want everyone to feel safe and at ease at Woodcroft because our home is their home too. In order to achieve this, we have:

- A secure door entry system
- A 24-hour nurse call system
- CCTV cameras in and around the home
- A full fire alarm system incorporating all safety features
- Hearing loops fitted in all our lounge and dining areas
- Safety restrictors on all windows
- Well-lit secure parking for visitors
- Specialist assisted rise and fall baths
- Enclosed private gardens
- Two large lifts

Visitors are always welcome

We don't have set visiting times, so our residents are able to have visits from friends and family as and when they like. To encourage regular visits, we give relatives the opportunity to purchase a key fob so that they can pop by as they please. Everyone is welcome to make a cuppa in the kitchen, just as they would if they were visiting a loved one at home.

Find us in the heart of the local community

Woodcroft is located in the middle of Trowbridge, a suburb of east Cardiff. It benefits from being close to local amenities and the Bristol Channel, which is visible from some of the rooms in Woodcroft. Cardiff city centre is just over five miles away. There you can find shops, restaurants, cinemas, theatres, music venues, beautiful parks and waterways.



“We chose Woodcroft as we were highly recommended by a few family friends who had a positive experience here.

Since my dad moved in, we couldn't be happier - although it's an anxious time and Dad has taken a while to settle, the staff have been absolutely amazing.”

Resident's relative

100%

of residents say
they are treated with
dignity and respect



Who we are

Hafod is a socially conscious organisation focused on making lives better by building communities and making connections. Our ambition is to transform housing, health, social care and support in order to improve the well-being of our customers.

We care for some of the most vulnerable people in society, enabling them to maintain their independence and well-being for as long as possible whether this be in their own homes, supported accommodation or in our residential and nursing homes.

To find out more

If you are interested in finding out more about Woodcroft or would like to talk about how to become a resident, please get in touch.

We appreciate that choosing care can be a daunting experience, so please let us know if we can help with any questions, including advice on referrals and funding.

We welcome potential residents and their family to visit us and see the home before applying for a place. Please book in advance so we know when to expect you.

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hafod.org.uk/care

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