



**Tŷ Penrhos  
Care Home**  
Castlegate, Caerphilly

**Making Lives Better**

# Welcome to Tŷ Penrhos

Tŷ Penrhos Care Home is a modern care home for over 18s in a central community location in Caerphilly, South Wales. We focus on giving a great quality of life to our residents, whatever their abilities and needs.

Our specially trained team are on hand day and night to provide tailored care to our residents, including residential care and specialist care for those living with physical disabilities, mental disabilities and dementia.

We pride ourselves on providing a happy, friendly and warm environment that lets residents be as independent or involved as they choose to be.

**Our emphasis is on the  
'home' in 'care home'.**



## Friendship and fun

We encourage our residents to make friends, have interesting conversations and enjoy group pursuits. The full activities programme is enjoyed by both residents and their families, featuring one-to-one options and social choices.

Residents can choose to take part in something everyday so that there is little chance of becoming bored. Regular activities include games, shows, sing-alongs, church services, gardening, craft-making, quizzes, shopping trips, beach and countryside excursions and visits to local attractions. There's also an on-site hairdresser if you fancy a spruce-up.



**Fun and skill games**



**Gardening**



**Cards and bingo**



**Craft-making**

**“My mum has just arrived in Tŷ Penrhos, having moved from another part of the country to be near family.**

**The care team have been lovely and welcoming, and have been thinking of lots of ways to make my mum comfortable and to help her find friends.**

**We're very pleased and my mum is beginning to settle in after only a few days. Thank you.”**

Resident's relative

# 92%

of residents feel safe living in their home

# Home comforts, companions and care

## Warm and comfy rooms to call your own

Our 83 bedrooms, separated into five communities, are bright, airy, comfortable and generously sized. The homely units are within the safety and security of the modern structure, which aids familiarity and the creation of a personal setting.

The units support orientation with careful consideration of colour, light and furnishing based on current research into caring environments.

All bedrooms have a private en-suite complete with a sink, toilet and a walk-in shower or wet room. Residents are encouraged to bring along some personal possessions so that they can really make their rooms their own.

Every unit has its own communal facilities, including spacious movement areas, lounge and dining areas, kitchens and assisted bathing facilities. Throughout Tŷ Penrhos, there are high standards of insulation and a rain water harvesting system to make the building energy efficient and environmentally friendly.

## Safe outdoor spaces to explore and enjoy

There are multiple private garden areas that get lots of sunlight and provide regular opportunities for gardening and social activities. Everybody can benefit from spending time outside in the fresh air without worrying about their safety or privacy.

## Staying in the community

Our residents love the fact that there is a local public house and a supermarket within walking distance from Tŷ Penrhos (supported by our team based on individual needs). It gives them a chance to stretch their legs, not to mention the opportunity to sit back with their favourite drink, enjoy a pub lunch or simply relax in the company of others.





**“I’m proud of our whole team who show great commitment to making a difference in people’s lives each day.”**

Resident’s relative

## **Space to meet, mix and make new friends**

Tŷ Penrhos has communal spaces where residents can take part in hobbies, catch up over cups of tea and spend quality time with their friends and family.

## **Fresh and nutritious food to suit all tastes**

Our trained chefs prepare three home-made meals each day in our on-site professional kitchen, which are usually served in the dining area. We can cater for specialist diets and individual needs as required.

# 97%

**of relatives and representatives agree that the personal needs of their loved ones are met**

# Peace of mind

## Our residents are in safe hands

We strive to provide high quality residential, dementia and end of life care and also provide care for young adults with complex needs. Our round-the-clock care package is provided by our highly motivated, fully qualified and friendly team who are continuously training to ensure they are up to date with the latest research and legislation.

To meet the care needs of our residents, we take each individual's situation into account and personalise our care packages to suit them.

On joining us at Tŷ Penrhos we assess each new resident so that we can ensure their current needs are identified and met. Throughout their stay, we monitor them closely so that, if necessary, we can increase the levels of care they receive over time.

We genuinely care about and value all of our residents, so we make sure that they are as happy and healthy as possible.

## We are specialists in caring for people living with:

- Dementia
- Huntington's chorea
- Multiple sclerosis
- Cerebral palsy
- Acquired brain injury
- Neurological disorders
- Tracheotomies
- Peg feeding tubes
- Naso-gastric tubes
- Urethral and supra-pubic catheters



## Protected and private

We want everyone to feel safe and at ease at Tŷ Penrhos because our home is their home too. In order to achieve this, we have:

- A secure door entry system
- CCTV cameras to the external environment
- A 24-hour nurse call system
- A full fire alarm system incorporating all safety features
- Two large lifts
- Safety restrictors on all windows
- Well-lit car parking for visitors
- Specialist assisted rise and fall baths
- Hearing loops fitted in all our lounge and dining areas
- Enclosed private garden areas

## Visitors are always welcome

We don't have set visiting times, so our residents are able to have visits from friends and family as and when they like. To encourage regular visits, relatives have the opportunity to purchase a key fob so that they can pop by as they please.

## Find us in the heart of the local community

Tŷ Penrhos is located in Caerphilly, a large town at the southern end of the Rhymney Valley. It benefits from being close to local amenities, including shops, restaurants, cafés, green spaces, heritage sites and the famous Caerphilly Castle. Once a year, there's The Big Cheese, a wonderful family-friendly celebration of Welsh food and drink around the castle grounds. There is a train station in the town with regular services to major cities.

**“My dad moved into this home approximately two months ago. All the care team there are very kind, caring and understanding. They are also extremely knowledgeable and have always treated Dad with the utmost respect.**

**The building itself and Dad's room is very clean, tidy, bright and spacious and looks more like a three star hotel than a care home!”**

Resident's relative

# 100%

**of residents agree they have their room the way they like it**



## Who we are

Hafod is a socially conscious organisation focused on making lives better by building communities and making connections. Our ambition is to transform housing, health, social care and support in order to improve the well-being of our customers.

We care for some of the most vulnerable people in society, enabling them to maintain their independence and well-being for as long as possible whether this be in their own homes, supported accommodation or in our residential and nursing homes.

## To find out more

If you are interested in finding out more about Tŷ Penrhos or would like to talk about how to become a resident, please get in touch.

We appreciate that choosing care can be a daunting experience, so please let us know if we can help with any questions, including advice on referrals and funding.

We welcome potential residents and their family to visit us anytime and see the home before applying for a place. Please book in advance so we know when to expect you.

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029 2085 4340

[hafod.org.uk/care](https://hafod.org.uk/care)

**Tŷ Penrhos Care Home**

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