



Woodcroft newsletter

Issue No 3 Spring 2023



Welcome!

Hello and welcome to the Spring newsletter for Woodcroft care home. We are so pleased to bring you this newsletter with what's been happening around here as we say goodbye to the cold winter months and embrace the sunshine! We've had minibus trips, coronation celebrations and even a 100th birthday party!

We will also be keeping you up to date with upcoming events and welcome any suggestions from both families and staff. We hope you enjoy reading!

Minibus trips!

We have been lucky enough to have some fabulous trips out in the minibus over the last few months. One of our first trips in March was to our local garden centre, where we had a cuppa and a slice of cake in the café and went into the aquarium to feed the fish. We've also travelled to Penarth pier, Tredegar House and Newport Wetlands! Residents have had a lovely time getting out for some fresh air, tasty treats, nice walks and reminiscing about places from their past.



Coronation celebrations

We were so excited for the coronation! Woodcroft had their celebrations on Friday 5th of May, where we had two musicians come and perform for all the residents and their families. As it was raining we had to move our street party indoors, but we still had a lovely time with buffets for everyone in the home. A huge thank you to everyone for their help in making this happen including kitchen staff, care staff and family members.



Forget me not sessions

Forget-me-not chorus are a charity that organises joy-filled singing sessions for people with dementia. Every Thursday morning, they have a zoom session with multiple care homes where we sing and dance to some of our favourite songs! Residents look forward to their weekly sessions and families are always welcome to join us in person.

What's been going on...?

During spring we've started a baking club and musical bingo, both happening every week. Every Friday we have a cinema afternoon with popcorn which residents have loved! We also continue to have weekly visits from Rise, who conduct fun exercise and games sessions, as well as Rubicon and Effro. And finally the Woodcroft café has opened!

What's coming up...?

We have plenty more trips planned for our minibus weeks! We also have big plans for our garden and balcony facilities, along with that we will be running a gardening club for residents. Plans for our summer fete are underway for August and each month we will be having a music afternoon where we will be watching classical concerts along with drinks and snacks!

Mother's day

Residents and their families celebrated Mother's Day with afternoon tea. We had music, laughter, and lots of delicious cakes thanks to our kitchen staff.



100th birthday party



Congratulations to our resident Tom on his 100th birthday! Tom celebrated the special occasion with a party surrounded by his family and friends. We had a birthday buffet and entertainment to commemorate.

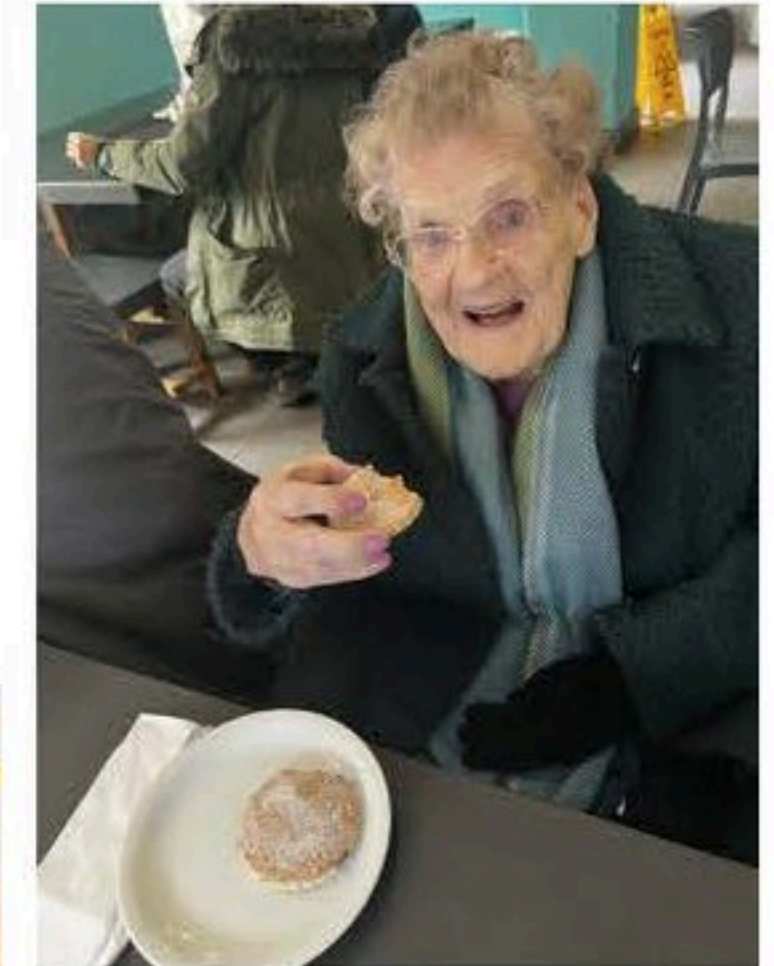
Ukulele nights

We had another fabulous afternoon in April, Ukulele nights came in to entertain us, everybody really enjoyed themselves having a singalong,



a clap and a dance. We look forward to Ukulele nights coming back soon for more fun!

Spring in pictures



We've got up to so much this spring! Photos include our pamper sessions, baking club, games mornings, and our Friday cinema afternoons! We have all had such a lovely spring and look forward to the fun summer months ahead.

For more information

Would you like to 'review us' on [goodcareguide.co.uk](https://www.goodcareguide.co.uk)?

We'd love for you to share your experiences at Woodcroft, helping other people choose the right eldercare for their family. Reviews can be made by a resident,

relative or friend.

Simply go online to <https://www.goodcareguide.co.uk/write-a-review.html>) or ask a member of the team for a card.

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